

Biochemistry of Discrimination

- Activation of SNS and HPA axis
- \uparrow cortisol + inhibition of sex steroids + GH \rightarrow eg insulin resistance
SO STIGMA IS HEALTH HAZARD
- Disrupt balance of leptin and neuropeptide Y
- \uparrow cortisol = hyperphagic, antithermogenic ?

SNS sympathetic nervous system
HPA hypothalamus-pituitary-axis
GH growth hormone

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Aphramor, L. (2004) A Knowing Organisation? Equality, Diversity and Dietetics. Presented at the XIVth International Congress of Dietetics (ICD), Chicago, 28-31 May.